



Quilt measures approx 13" x 16"

There is a video here: <https://youtu.be/CJZm8CaqQEI>

Requirements:

Background - 8½" x 11½"
Border 1 - 1" x 11½" x 2 & 1" x 9½" x 2
Border 2 - 2½" x 12½" x 2 & 2½" x 13½" x 2
Binding - 2 x 2½" strips, width of fabric
Small amounts of fabric and fusible web for the applique.

Backing - 15" x 18"
Batting - 15" x 18"

Method:

All seams are ¼", press seams as you go.

Cut the pieces out as listed.

Trace the applique shapes on to fusible web, iron to the back of the fabric and cut out.

Attach Border 1, sides first, then top and bottom.

Attach Border 2, sides first, then top and bottom

Layer the quilt with batting and backing and baste together.

Quilt the quilt! Leaving the centre background area clear, quilt the borders, maybe a little away from the seam lines and just inside on the main background area. Trim the edges.

Join together the binding strips to make one long strip. Fold in half lengthways and bind the quilt - there is a video here on machine binding: <https://youtu.be/Pq2Q3F17lv0>

Position the applique shapes. They are numbered in order of placement.

Stitch the applique so the stitching goes through all 3 layers - this is quilting at the same time!

Add the decorative stitching above the hot drink to indicate steam.

Let's Have a Cuppa!

General Information

Applique:

The method I have used for the appliqué is as follows:

1. Iron the fabrics.
2. Trace the pattern pieces, using a pencil, on to paper-backed fusible webbing. The patterns are back to front because when you trace and use fusible web they will be reversed. The paper backed fusible webbing has glue on one side (rough texture) and is smooth on the other side. Trace on to the smooth side. Roughly cut out the pieces, not on the lines, and iron the glue side to the back side of the fabric pieces.
Now cut out on the lines, with the paper attached.
3. Wiggle the pieces a little, this should loosen the paper, peel the paper off (there should now be glue on the back side of the fabric) and position the pieces on to the background fabric. Iron in place.
4. For this quilt a machine blanket stitch works well or free motion straight stitch near the edge as the shapes are fused. The same colour thread can be used for all the applique stitching and the steam rising from the cup so a contrast is recommended..
5. With the applique patterns there is a 1" scale guide included so that you can see if your patterns are printing the correct size, computers and printers often print a different size to the original.

For printing purposes, the paper size used is US Letter size, however the printer should be set to print "actual size" even if you are using a slightly different size paper.

Patchwork piecing:

When piecing it is good to use a 1/4" seam allowance throughout, unless otherwise mentioned. Here is a video to see how you can achieve a 1/4" seam allowance: <https://youtu.be/bdzlMEqAAbc>

Press seams as you go. Generally it is a good idea to press towards the darker coloured fabric although there are times when it is better to press to suit the piecing. An example of this is where we are joining strips that are already pieced, it is helpful to have the seams going in opposite directions so that they nestle together nicely and don't create bumps. The seams are more likely to meet at the joins better this way.

I like to trim my threads as I go, some sewing machines do this quite nicely, however not all! I suggest you trim the threads about 1/4" away from where the stitching finished so that it doesn't just unravel, the extra little bit is surprisingly helpful with this.

Enjoy the quilt!

1 " square
box

Measure the 1"
square box to check
that your pattern is
printing the
correct size.



Background 8½" x 11½"

